



TAMAHERE TATTLER

July 2017

*'A careless word may kindle strife,
a cruel word may wreck a life.
A bitter word may hate instil,
a brutal word may smite and kill.*

*A gracious word may smooth the way,
a joyous word may light the day.
A timely word may lessen stress.
A loving word may heal and bless.'*

Author: unknown

Mission Statement: "To provide a quality caring service for older people, in a Christian Environment"

Important Notices

- ◆ Direct line to nurse mobile is: 027 336 7002 (Rest Home) Ext 8802
027 470 0943 (Dementia) Ext 8806
- ◆

Resident Activities

Most Thursday afternoons (weather permitting), we leave the home at 1.00pm and go for a drive with our three vans full.

In our drives we have visited The Hamilton Rose gardens where we went for a walk and had a wonderful picnic amongst the roses. On another day we got all our walkers and walking sticks together and got onto a bus to Raglan Beach. Cloudy skies did not stop us and eventually the sun surprised us and what an amazing day we had in the sunshine.

Just the other day the driver took us for a drive to Lake Karapiro and what a beautiful view of the lake. It was a wee bit too cold to get out and we thought it would just be better to enjoy the surroundings from the van.

Each Dementia wing also has a van drive on different afternoons, These drives have included a visit to Hamilton Lake where we get our breadcrumbs out and feed the ducks. At the end of most trips we always get surprised with a sweet icy treat from McDonalds.

We love to sing and dance with our "Music Moves Me" group - our carers and staff join in as well. We have a lot of fun in the Dementia wings and Rest Home.

We have a variety of activities to choose from daily, or we can just sit and relax with a 'cuppa' and a chat.

RAGLAN TRIP-MARCH 2017



Upcoming events

- ◆ In June we visited David Smith's parrots in his aviary
- ◆ 15th June Trip to Te Awamutu Museum to view Dambusters display with a fish & chip meal for lunch.
- ◆ 13th June speaker on National Health and Disability Advocacy Services.

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- ◆ 6th July Midwinter Christmas.

PLUS

- ◆ Various entertainers including Danny Savage, Peter Knowles, Cushla, Big John, etc., who entertain on booked days.
- ◆ Weekly, Friday Happy Hour is at 4pm.
- ◆ Saturday night at the movies with ice-cream.
- ◆ Weekly drives around Hamilton or places of interest (normally on a Thursday).
- ◆ Spring/Summer zoo trip
- ◆ 14th September—Volunteers' lunch.
- ◆ **21st Sept—Roselynn fashion** held in
- ◆ Community Centre.

Dementia Wing Planned Trips include:

- ◆ Weekly van drives on Friday's.
- ◆ Regular trips to Cherry Blossom Café.
- ◆ Weekly Music Mooves Me.
- ◆ Other trips TBA



Hamilton Lake



CAN YOU HELP WITH:

- ◆ Surplus wool.
- ◆ Farming & fishing magazines and/or DVDs

Please contact Chris (Rest Home) Diversional Therapist.
Dementia Therapists would like help with

- ◆ Musical and/or movie DVDs
- ◆ Music CDs
- ◆ Good quality makeup samples
- ◆ Nail Polish & nail polish remover

Photo Gallery

Hamilton Rose Garden's



Easter Eggs with Easter Bunny



Photo Gallery

Fun times



Gift from Zen K-9



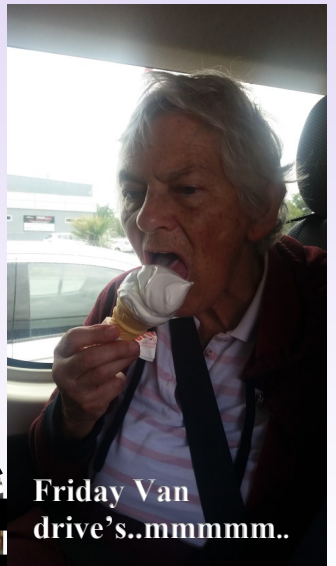
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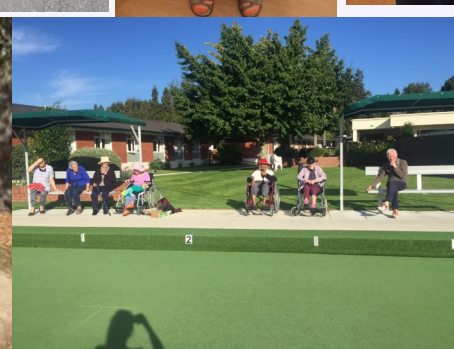
Singing and dancing



Afternoon activities



Friday Van drive's..mmmm..



Chaplain's Corner

We have another new face at Tamahere. Welcome Reverent Clive Thomson. Rev. Thomson joined the Tamahere team in mid-March 2017. He emigrated with his wife Maschelle, 15 years ago from South Africa. He served as the minister of the Nazarene Church in Pukete, Hamilton, for 7 years. For the past 6 years he has been the minister of Knox Christian Centre (a Presbyterian Church) on Albert Street, Hamilton East, where he still ministers on a part-time basis. Rev. Thomson will be working along side Rev Carol Hancock at Tamahere and is looking forward to being of service to Residents and their families, and staff. We hope and pray that you will have a fantastic journey with us all here at Tamahere Eventide.



Rev. Clive Thomson

It is now July and we have celebrated Lent, Holy week, Easter and ANZAC Day. Each year the Chaplains lead an ANZAC day service to honour those who fought for our country. This year was no exception with 140 people attending. The ode was read out this year by Richard Connell a resident here at Tamahere and Noel Bernstein from St Stephens, played the Last Post for us. Rev Colin Neal gave a reflection on ANZAC.

All church events and communion dates are on the notice boards in the Reception area. All are welcome to attend Sunday services at 4pm in the Chapel. We offer an open door policy and confidentiality. Our task is to be there for others in a caring and compassionate way to residents, staff and community.

Please let us know how we can meet your concerns.

Carol Hancock and Clive Thomson.



Staff news

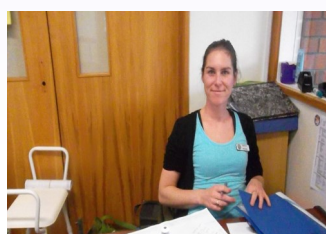
Career force

Congratulations to the following staff members on their achievements in level 4 Dementia Course:

Anoopa Rajeev
Louis Fick
David McGeorge
Niketa Taipari



New Staff



Welcome to the team :

Top left: Nikita Ward who is our new Rehabilitation Therapist
Health Care Assistants
Poihaerei, Carmille, Aroha, Simone and Diana.



Several other new Health Care Assistants who have joined our team include
Binal, Anne, Mary Rose, Leah, Don, Tracey, Noeline, Debbie and Rose

Quality Awards

Staff have the opportunity to nominate their colleagues for going over and above expectations. The past months they have chosen:

Anoopa Rajeev, Cat McKee, Anne Wise, Ala Tuicakau, Lessa Feller, Frances Tarawhiti, Lynette Edmonds, Brenda Matheson and Marjorie Tawera.



Congratulations to Shagufa and her husband on their baby girl's arrival in Mid March 2017



Congratulations to Ashish and Joval on their baby boy, Mark Joseph Joval born on 31 August 2016

For Your Information

SmartHealth is a free* online healthcare service that gives you a greater say in your own healthcare and lets you take control of your own health.

SmartHealth includes healthTap, a free online platform and mobile app which connects you with a range of health services using your smart phone, tablet device or home computer.

- ♦ Access a knowledge base of doctor-approved health information on topics, conditions, treatment and research.
- ♦ Talk to a free *out of hours doctor* by video, voice or text chat.
- ♦ Schedule an *online appointment with hospital specialists* without leaving your home or office, if appropriate for your condition.
- ♦ Link everyone in your care team together to better manage your health.

SmartHealth is available to everyone covered by Waikato DHB services.

If you are over 16 years old ** you can sign up online.

Fill in the online form, take a 'selfie' and a photo of your photo ID then attach them to the form. Once your ID has been verified you will receive an email inviting you to set up your account. This typically takes one business day.

Tip: To ensure you receive the NZ version of the healthTap app, wait for your invitation email before you download the app.

* Usual charges will apply for people receiving services from General Practices through SmartHealth.

** There are different processes for signing up if you are under 16 years old or lack the capacity to manage your own account.



Drop Your Boss

On April 8th, our intrepid Care Manager Sue, along with another 22 participants, were dropped from the Deloitte building in Hamilton, as a fundraiser for the Graeme Dingle Foundation.

The Graeme Dingle Foundation supports organisations that help under privileged youth.

A grand total of \$14,981.80 was raised, Sue raising \$780.00 through sponsorships.

A big thank you to Sue for being the only brave staff member willing to do the 'drop' and to those who sponsored and supported her.