



Welcome to the TAMAHERE VISTA November 2017

Welcome to November's edition of our monthly newsletter. I don't know if it's just me, but out and about I can feel the tempo getting faster as we start the countdown to Christmas. Why do we do this to ourselves?



This month we have the next round of the Inter-Village Quiz Challenge on Wednesday 8th November at 2.00 pm at the Perrinpark Community Hall. Our two teams taking part will be those people who have been representing us this year – Mac McDonald, Ann Hartstone, Carole Fleming and myself, and Gladys Lambert, Amanda Bradley, Sheila Howard and Brother Damian. Unfortunately Margaret Blair had to step down due to ill health. Colin Neal will be back-up if required.

Talking about Colin, it's so good to see him up and about again after his surgery earlier in the year and to have other members of our community back home from hospital. We do miss you all when you are not here.



And another reminder for if you are unwell. Don't forget that Debbie, our village nurse, is here to care for us and if you have any health worries or emergencies let her know. In Debbie's absence during the evenings and weekends there are other nursing staff on call simply by pressing your pendant or emergency buttons. The cost of this service is built into our monthly fees and is for our peace of mind.

Welcome back to Lynn in reception after a long period of recovery following a nasty accident. We certainly missed you Lynn and it made us realise just how much you do for us all.

Back to the subject of Christmas: For those residents who will be in the village on Christmas Day, we will again be arranging for lunch to be made available for us in the Café for those who would like to get together with other residents and friends.. More details will be available later on about the time, cost and contact details.

I wasn't going to mention anything about politics, but I couldn't resist including this photo! >>>>

Jean Robertson, Editor



PS: There is still time to order your Christmas cakes from Ernest Adams which are being sold by Tamahere Lions as a fundraiser for the Salvation Army. The cost is \$18.00 and if you give me a ring on 856 9269 I'll put your name on the list.



SOME NEWS FROM OUR RESIDENTS' COMMITTEE CHAIRPERSON

Wow! November is just around the corner; where has this year gone? Some wonderful things have happened here at Tamahere Eventide over the past year. We have had birthdays, or have we stopped counting? We've had anniversaries, which as men, we sometimes forget. New residents have come to join us in our village and amazing staff have helped enrich our lives in so many different ways. These include Judy, who has organised day trips and entertainment in the community centre; Debbie our nurse, who has helped look after our health and well-being; and boy, some of us have really needed that care. Nikita, our physio has tended to old muscles we all forget we have or had, or didn't even know about; helping us all be a little healthier and fitter.

Some sad things have also happened such as the loss of partners, family or friends; and trips in and out of hospital as we become a little older - something we aren't necessarily willing to admit. But let's be kind to ourselves when we have those moments of going to the bedroom then back to the lounge to remember why we went to the bedroom in the first place!

Let's also be very thankful for all those special moments such as walking over to see the physio on your walker and telling her you are leaving it there as you don't need it anymore. Or meeting new neighbours and discovering just how much you have in common. And all those national celebrations such as winning the Super Rugby series, the Bledisloe Cup, the Americas Cup and so many other highlights which bring us more joy when shared with one another. Now we pray for a major miracle - New Zealand beating India at cricket in the next month!



The Scooter Club met recently and we had a record number of participants. If you didn't hear the laughter from inside your villas you must have had your hearing aids turned off. This was a great afternoon with people turning up for their very first time to see what we did, and all were encouraged to participate. Some had never sat on a scooter before let alone attempted an obstacle course. Move over Chris Amon, Peter West has arrived. We don't laugh at you, we laugh with you as we all demolish the course at one time or another. Next one is on Saturday 12th November

at 2pm. All are welcome to join us.

Your Social Club members have been working very hard and their success is reflected in the many and varied events and occasions we have enjoyed together. They are currently planning for their next event being held on the 19th November 2pm-5pm in the Cafe. This will be a hobbies day, bring and sell, or show and tell. Just come along and set up a table of your wares at 1.30pm. A notice will be in your mailbox next week. If you can help please ring Helen Painting on 8547662.

The visit of the Mosaic choir is one of those extra special events not to be missed. They will be with us on the 4th November at 1.30pm in the Chapel so note it in your calendars.



Thank you to all the Villa Residents' Committee members who have worked so hard over the last month, especially Amanda Bradley, who not only chaired our last meeting but also acted as secretary. As for me, all I can say is, it feels great to be back on my feet and participating again.

Colin Neal (no longer indisposed!)

JUDY'S COLUMN

Outings and Events in November



An early start on social activities this month with an outing on **Thursday 2 November** to The Verandah Cafe at Hamilton Lake, and viewing of the crochet art installation 'Cloud/Te Kapua' above the children's playground. This temporary art installation was worked on by more than 40 women, who, over a period of three months, created 250 crochet squares to make a 10m by 2.3m piece.



On **Tuesday 7 November** we're galloping off to the Community Centre for a Melbourne Cup event. The starting gates will open at 3.30pm. Further information will be delivered to your mailbox.

The last of the University Performing Arts concerts for this year takes place in the Community Centre on **Wednesday 8 November**. This concert will feature Chamber Music groups.

Let's take time to smell the roses on **Friday 10 November** with a morning outing to the Rogers Rose Gardens. This date is the opening day of the 4-day Pacific Rose Bowl Festival. We will be able to take a stroll through the Rose Gardens, and vote on our favourite roses for the New Zealand Rose of the Year competition. Coffee and ice creams will be available to purchase. If there is time, you may also wish to visit the Daltons Waikato Spring Rose Show in the Hamilton Gardens Pavilion (Door Charge of \$2.50 for Gold Card Holders).

An outing to Splashy Ceramics on **Thursday 16 November** offers you the opportunity to release your inner artist! Create a gift, or perhaps something to enjoy for yourself. Ceramic materials range in price from \$12-14 upwards, which includes the cost of paints, firing and glazing. Make your selection on the day (tile, coaster, mug, cross, heart, plate or ???), have fun painting (protective clothing supplied!) and leave your masterpiece/s to be fired and glazed (10 working days). We will arrange collection for you.



Happy Hour this month is on **Friday 24 November**, at 3.30pm, in the Community Centre.

Save the Date: An outing to Donovans Chocolates Café and shop is being organised for **Friday 1 December**. (Yes, it is that time of the year already!)

Village Book Group: Meet in the Community Centre Small Lounge at 3.30pm, **Thursday 30 November**. Come along and join the group for informal discussion about the books you have been enjoying.



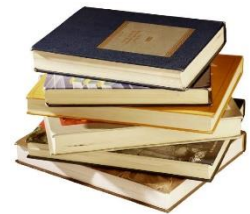
Notices are sent out for outings and some events. To book in, please contact the Community Centre office (856 8328). If your call is not answered, please leave a clear message. The answerphone is checked regularly. As well as these outings and activities, remember the weekly

Saturday Night Movie, screened at 6.30pm in the Rest Home Lounge, as well as entertainers in the Chapel at various times.

Thursday 2 November: 10.00am Outing to Hamilton Lake – Café & Cloud Art installation
Tuesday 7 November: 3.30pm Melbourne Cup event (CC) \$2.00
Wednesday 8 November: 3.00pm Performing Arts Concert (CC)
Thursday 9 November: 11.00am Couplands Bakery display table (CC)
Friday 10 November: 10.00am Outing to Pacific Rose Bowl Festival, Rose Gardens
Thursday 16 November: 10.00am Outing to Splashy, Horotiu \$own cost
Friday 24 November: 3.30pm HAPPY HOUR (CC)
Thursday 30 November: 3.30pm Village Book Group (cc)

Village Library

There is a wide selection of books and puzzles, plus a few DVDs, available in the Library (Small Lounge, Community Centre). You are welcome to borrow any of these items, and return them to the green box when you have finished. If you have items that you wish to donate, please check with me first, as we have very limited storage space. From time to time the books and puzzles are culled, to make room for new items.



We have recently added two new non-fiction titles kindly donated by the Wesley Historical Society:

- *Knowledge and Vital Piety: Education for Methodist Ministry in New Zealand from the 1840s* by Susan J. Thompson
- *New Zealand Methodist Chaplains and Ministers at War: The First World War Through Their Eyes* by Allan K. Davidson

Judy, Village Activities Organiser

I decided to make my password "incorrect" because if I type it in wrong, my computer will remind me, "Your password is incorrect".

AND NOW OUR MONTHLY LIMERICK FROM LEN:

The cuckoo is back in the
spring,
This won't prompt the
warblers to sing;
They sure need a rest
From a pest in the nest,
But hospitality is their
thing!



(No politics please)

In October the soil
comes alive;
Both flowers and
vegetables thrive.
Remember that beans
will boost up your genes
So let's give the Greens a
high five!

NEWS FROM THE SOCIAL ACTIVITIES GROUP

Our **Hobbies & Craft Display and Sale** will be held on Sunday 19th November between 2.00 and 5.00pm in the Community Centre. Please bring your crafts display and sale items along from 1.30pm to get set up in time for the opening.



Come to admire beautiful handmade “objets d’art” and bring your money to maybe purchase gifts for Christmas or other special times. Afternoon tea will be available for \$2.00. If you have any questions please contact Amanda Bradley at Villa 1 or Helen Painting at Villa 104.



New Year's Eve

If you are here over the New Year period, you can look forward to our New Year's Eve get-together with a pot-luck dessert. More details later!

Helen Painting

***On Sunday 26th November 2017 at 2.00pm
The Rosetown Choristers Present***

THERE IS MUSIC IN MY SOUL



***At the Te Awamutu Baptist Church, Teasdale St, Te Awamutu
Tickets at the Door \$10.00***

A NOTE FROM DEBBIE

Susan Blanchard from the Cambridge Ear Clinic will be here on Monday 6th November in the Community Centre between 9.00am and 3.00pm for the professional removal of ear wax. The cost is \$55.00 but if you have ACC cover the cost is \$5.00. For anyone on a war pension this service is free.

To book an appointment please phone Lynn at Reception between 10.00am and 2.00 pm on 856 5162.



A school teacher sent home a note with her student. The note read: “Your son is an obedient and bright student, but spends too much time talking to girls”. The mother sent a note back the following day, “Please advise a solution. His father has the same problem!”



Notes from the October Residents committee meeting

The committee missed Mariette who was enjoying a well-deserved holiday and Margaret Blair who was unwell. Mary opened with the prayer TODAY from a member of the Iona Community.



Colin thanked Amanda Bradley who covered for both himself and Mary while both were unavailable during much of September.

David McGeorge kept us up to date with property information – this included aerating the lawns near the newer properties and sowing grass seed as necessary. Villa's 1-34 are having increased insulation in our roofs. Dave spoke about the borehole, which is a work in progress.

Mariette had prepared all the financial papers and cheques for payment prior to going on holiday. Thank you Mariette.

Greetings had been sent to members of the village who had been in hospital. Please let Mary know if your neighbour is in hospital so that I can respond, Thank you.

The Social Group continue to be busy; the Chinese banquet was a great success as was the recent film evening.

For YOUR Diary -

- Bring and Share your crafts on Sunday 19th November in Cherry Blossom café
- New Year's Eve party is planned once again - but you will not have to stay up until midnight to celebrate!
- If there are any residents who would like to get together for lunch on Christmas Day (prepared by the rest home kitchen) Jean Robertson is offering to arrange this. (See front page for more detail)

For your MEMORY -

If you are planning to go away it is most helpful to the volunteers who deliver the papers and mail if reception is informed, so that the delivery information is up to date. Thank you.

Mary 856 2973, maryw@west.net.nz

Q. What do you call a French man wearing sandals?

A. Philippe Philoppe

As two thirds of the world's surface is covered in water, surely God created man/woman to spend more time fishing than working!

A woman woke up and said to her husband "I just had a dream that you gave me the most beautiful diamond necklace. What do you think it means?"

"You'll know tonight", he said with a smile.

The woman could hardly think of anything else all day and she couldn't wait for her husband to return home.

That evening, the man finally came home with a small package and gave it to his wife. Delighted, she opened it excitedly to find a book entitled ...

"The Meaning of Dreams"

VILLAGE MANAGER'S COLUMN



Quote:

Never let a problem to be solved become more important than the person to be loved. (Barbara Johnson)

Welcome to the following new residents who moved into the village this month:

Ian and Kay Rowe, Villa 46, phone 027 490 8833



Bowling Green:

This facility is specifically designed for bowling and looks good. In order for it to stay that way and to be useable by the bowlers, we need to be careful with the surface. The best way of doing this is for people to use flat shoes whilst standing on the green. However, It has come to my attention that people are walking over the green with shoes that are likely to damage the surface.

The surface is actually an artificial nylon cover laid over compacted sand and anything that might dent the surface could cause permanent damage. I would appreciate it if people could help us look after the surface by encouraging visitors to stay off the green.

Items from the AGM held on 24th November:

1. It was agreed that your electrical switchboards would be checked for any possible issues. The way we do this is by using a heat image machine. This work will be done over the next month.
2. Cleaning of the villa patio covers. This year the weather was not ideal for the contractor and he will come back to re-do any that need attention.

End of Year Functions:

1. The Village Christmas function will be held on Thursday 7th December.
2. For those residents who would like to get together in the Community Centre to share Christmas Day lunch with others, this will be arranged again this year. Deliveries to your villas on both Christmas Day and New Year's Day will also be available. Further details in next month's Vista.

David McGeorge

Q. Is Google male or female?

A: Female, because it doesn't let you finish a sentence before making a suggestion

From the Chaplains' Desk



This past Labour Weekend didn't disappoint. In the days leading up to the long weekend, I had high hopes of working in the garden in summer shorts, and a sundrenched afternoon spent flyfishing on a local stream.



It didn't quite work out that way – it was more like a confused mess of four seasons. At least a barbie was squeezed in on Sunday afternoon. A cold wind was blowing but it didn't rain. That was left for Monday, the day allocated for fishing!

The whole weekend reminded me of us as human beings We can be all over the place at times, too, can't we? From kind to harsh, loving to unforgiving. Four seasons in a day, a bit like Labour Weekend.

Yet nothing we can do or say can make our Heavenly Father love us more than he already does. He doesn't demand perfection of us. Instead, he loves us just as we are, with all our "four seasons in a day" faults. Accepting us just as we are, he then begins to work within us: renewing, repairing and healing us.

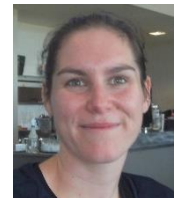
Love is His free gift and he gives it to us without holding back –overwhelming us with his generosity. If that's the way God loves us, then surely that's the way we should love each other too?

Blessings, Clive

Reminder: The Men's Group will meet with Clive in the café at 10:30am on Wednesday 1st November.

WORDS OF WISDOM FROM NIKITA

As the summer months are rolling around, some of you may be thinking about swimming. This will not only give you the 'feel good feeling' of keeping active through the sunshine, but will also relax you from the heat and the upcoming busy months.



Swimming has great benefits: it will increase the heart rate, which in turn will help your body work more efficiently at transporting all the fresh spring/summer nutrients around the body. Why not come and join the hydrotherapy group every Thursday morning.

If swimming is not for you then come and enjoy a class. Every week three classes run: Balance, Sit & Be Fit and Tai Chi which cater for many different abilities. The classes promote balance, strengthening and stretching to help maintain and improve everyday living. Refer to the calendar on the last page for times.



For any more information come and visit me, Nikita (Rehab Therapist), or contact me between 9.00-3.00 on 0273471500. Thank you and we all look forward to seeing new faces moving about and enjoying the summer months ☺

My Younger Days

By Maya Angelou

When I was in my younger days
I weighed a few pounds less
I needn't hold my tummy in
To wear a belted dress.

But now that I am older
I've set my body free
There's the comfort of elastic
Where once my waist would be.

Inventor of those high-heeled shoes
My feet have not forgiven,
I have to wear a nine now
But used to wear a seven.



And how about those pantyhose
They're sized by weight, you see,
So how come when I put them on
The crotch is at my knee?

I need to wear these glasses
As the print's been getting smaller,
And it wasn't very long ago
I know that I was taller.

Though my hair has turned to grey
And my skin no longer fits
On the inside, I'm the same old me
But the outside's changed a bit!

Thanks to Ann Hartstone

I heard the Secret Service had to change their comments. They can't say "Get Down!" anymore when the President is under attack. Now it's "Donald Duck!"

A woman caught her husband on the weight scale, sucking in his stomach. "That won't help you, Joe, you know"
"Oh, it helps a lot", says the man, "it's the only way I can see the numbers!"

Judge: "Why did you steal the car?" Man: "I had to get to work."

Judge: Why didn't you take the bus?"

Man: "I don't have a driver's license for the bus".





Tamahere Retirement Village – Activities for November 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | 1 10.00 Shopping New World 10.30 Men's Coffee & Chat/CC 1.30 Laurie & Piri/C 7.00 Snooker/CC | 2 9.00 Lawn Bowls 9.45 Hydrotherapy Pool 10.00 Hamilton Lake | 3 9.00 Tai Chi/CC 10.00 Knit & Knatter/cc 10.30 Catholic Mass/C 1.30 Glen Carley/C | 4 10.00 Golf 1.30 Mosaic Choir/C 6.30 Movie in RH Lounge |
| 5 SUNDAY ROAST 4.00 Chapel Service led by Rev Clive Thomson | 6 9-3.00 Ear Nurse/cc 9.00 Balance Class/CC <u>CAFÉ CLOSED</u> 1.30 Te Awamutu Senior Singers/C | 7 9.00 Lawn Bowls 10.00 Chartwell Short Trip 11.00 Bible Conv/SW 1.30 Eddie Elvis/C 2.50 Choir Practice 3.30 Melbourne Cup/CC | 8 10.00 Shopping New World 10.30 C&CW/C/cc 1.30 Lorene Elliot/C 3.00 Performing Arts/CC 7.00 Snooker/CC | 9 9.00 Lawn Bowls 9.45 Hydrotherapy Pool 11.00 Couplands Bakery display/CC | 10 9.00 Tai Chi/CC 10.00 Knit & Knatter/cc 10.00 Rose Festival 1.30 Betty Gilmore/C | 11 10.00 Golf 10.30 Catholic Commn/C 2.00 Scooter Club 6.30 Movie in RH Lounge |
| 12 SUNDAY ROAST 4.00 Chapel Service led by Wendy Russell | 13 9.00 Balance Class/CC 10.30 Sit & Be Fit/CC 1.00 Games & Snooker/CC 1.30 Geoff & Peter/C | 14 9.00 Lawn Bowls 10.00 Chartwell Long Trip 11.00 Bible Conv/SW 2.50 Choir Practice | 15 10.00 Shopping New World 11.00 Holy Communion/C 7.00 Snooker/CC | 16 9.00 Lawn Bowls 9.45 Hydrotherapy Pool 10.00 "Splashy" Outing 1.30 Jem/C | 17 PODIATRIST HERE 9.00 Tai Chi/CC 10.00 Knit & Knatter/cc 10.30 Peter Knowles/C | 18 10.00 Golf 1.30 Phoenix Players/C 6.30 Movie in RH Lounge |
| 19 SUNDAY ROAST 4.00 Chapel Service led by Mary West | 20 9.00 Balance Class/CC 10.30 Sit & Be Fit/CC 1.00 Games & Snooker/CC 1.30 Danny Savage/C | 21 9.00 Lawn Bowls 10.00 Chartwell Short Trip 11.00 Bible Conv/SW 1.30 Rosetown Choristers/C 2.50 Choir Practice | 22 10.00 Shopping New World 10.30 C&CW/C/cc 7.00 Snooker/CC | 23 9.00 Lawn Bowls 9.45 Hydrotherapy Pool 1.30 Big John/C | 24 9.00 Tai Chi/CC 10.00 Knit & Knatter/cc 1.30 Peter Mutch/C 3.30 Happy Hour/CC | 25 10.00 Golf 10.30 Catholic Commn/C 6.30 Movie in RH Lounge |
| 26 SUNDAY ROAST 4.00 Chapel Service led by Rev Metui Tafuna | 27 9.00 Balance Class/CC 10.30 Sit & Be Fit/CC 1.00 Games & Snooker/CC 1.30 Margaret Love/C | 28 9.00 Lawn Bowls 10.00 Chartwell Long Trip 11.00 Bible Conv/SW 2.50 Choir Practice | 29 10.00 Shopping New World 1.30 Ken & Tipi/C 7.00 Snooker/CC | 30 9.00 Lawn Bowls 9.45 Hydrotherapy Pool 1.30 Tamahere Choir/C 3.30 Village Book Group/cc | C=Chapel, CC=Community Centre, cc=Small Lounge in CC, SW=Susanna Wesley Room, C&CW=Coffee & Chat with Chaplains | |